

# LYNNE MARIE GRIGELEVICH



## Numerology Chart

2/17/1971

$$2 + 1 + 7 + 1 + 9 + 7 + 1 = 28/1$$

**1 Lifepath**

LYNNE MARIE GRIGELEVICH

37555 41995 79975354938

$$25/7 \quad 28/1 \quad 15/6 = \quad \mathbf{5 Destiny}$$

$$12/3 \quad 15/6 \quad 28/1 = \quad \mathbf{1 Soul Urge}$$

$$13/4 \quad 13/4 \quad 41/5 = \quad \mathbf{4 Personality}$$

1 A

2

3 LLC

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# 1 LIFE PATH: THE LEADER

**Personal Mission:** *To Develop Creativity and Confidence in Every Aspect of Your Life*



A born leader, you're self-motivated, independent, and a hard worker. You thrive in a competitive environment, although you often get sidetracked by listening to the non-stop voice of criticism in your head, whispering incessantly: "You're not good enough." Make sure to practice turning the channel when you start listening to that station! That voice isn't telling you the truth. It's a decoy that leads you away from your true power.

In your life, you go through three tiers of development. First, you realize and question the way in which you feel dependent. This shows up in various ways and yet is primarily lodged in your feelings of dependency on your family or surroundings to the point where you question yourself in relationship to this form of identity. The second aspect of development usually shows up as *rebellion* as you attempt to extract yourself from your feelings of dependence and individuate yourself. This takes a while. Then, if you're able to manage this successfully and come out with a healthy sense of independence, then it's time for you to move forward into achievement.

As an individualist, you've most likely felt unique in many ways. You have innovative and advanced creative ideas. Yet when you're feeling insecure, you feel you just don't fit in or belong anywhere, as though you're really out of sync with the demands and expectations of the world. When you're being your authentic self, you're the kindest, most trustworthy, compassionate, and compelling individual.

When you aren't feeling confident, you tend to be pushy, defensive, aggressive, and angry. Those emotions are your chosen outlets when you're having self-doubts. It's crucial for you to work on honing your skill at anything you do, whether that means your job skills, communication skills, or relationship skills. Reaching a level of expertise instills you with a reliable sense of self-confidence. As a 1 Life Path, having complete trust in the skills you've learned and mastered will serve as a kind of "security blanket" for you when you're feeling insecure, or your sense of confidence is under fire. Having the ability to fall back on high-level skills you know inside out will stabilize you and get you back in your game.

You're a pioneer, an innovator, and capable of great success and achievement in the world. You need to be in charge and managing in some way. You would make a great entrepreneur or inventor. Often the highest and best use of your abilities is when you mastermind a project, get it up and running, make sure management systems are in place, and then you're off to the next venture. You might feel stagnant if you don't allow yourself to tackle new challenges.

You're full of creative energy, so embrace your creativity and understand that this is your gift. Imagine new things, introduce new concepts, and then delegate the details and either move on with another project or continue developing your project while taking it to the next level of success. However, you define it, you enjoy being on the move and having a variety of things to do. Anything that calls for tapping into your unique voice, independent action, and decision-making is your forte. When choosing a career, you must ask: "What is it I've always wanted to be or do?" and then just do it, like the Nike slogan commands. Really, nothing can stand in your way.

Whether or not you know it, you have an amazing capacity to do whatever you focus on after you clear away the clutter of self-doubt. When you're secure in your abilities and have confidence, you're fabulously dynamic.

You also—whether or not you know it yet—have healing hands. You're a natural healer and can use this ability in every aspect of your life. You don't have to become a massage therapist or an energy worker unless you want to. That's not what I'm saying. Healing energy surrounds all aspects of what you do and guides your action when you're functioning optimally.

As you develop your leadership skills, nurture the best in others and understand that creativity flourishes in an atmosphere of inner security and confidence; meaning you must open up, take risks, and step off the beaten path. Your constant challenge is to consistently and consciously develop your sense of being self-assured, self-directed, and centered. When you express your passion from the heart, you can achieve great things in the world. Be careful of succumbing to feelings of superiority, judgment, and criticism. You're most effective when you work directly with people and key into their innate gifts and strengths.

Beware: Since you're all about #1, you can tend to see only your own wants and needs and have trouble listening to anyone else's point of view. When this happens, "1" can truly be the loneliest number. You're more powerful when you take the lead yet know that you aren't an island. If you're successful, it's because of the participation of others in manifesting your vision. Make sure you share your gratitude.

Common threads when a 1 Life Path is "on fire" from working with optimal energies are boldness, innovation, risk taking, resilience, and following the inner voice.

**Your life purpose is to bring positive creative energy into the world.**

### **1 LIFE PATH: POTENTIAL CHALLENGES**

Your potential challenges are:

- To come to terms with insecurity and the tendencies to block, withhold, or discharge energy through addictive behaviors.
- To acknowledge that when you lack self-confidence you're lured into inaction and stagnation.
- To realize that if you're not using your creativity, you're prone to feel lethargic, frustrated, or held back.
- To understand that you may appear to have a chip on your shoulder, as if you have something to prove to yourself and to others.
- To understand that when you feel under fire, you default into negativity, judgment, cynicism, and anger and aggressively express those feelings to others.
- To know that you excel in creative problem-solving, yet often lack the confidence to express and capitalize on your innate skills.
- To know you tend to experience crippling self-doubt when dealing with something new.
- To appreciate that action and ambition are key components of who you are and aren't to be avoided.
- To work constructively with the fact that you don't like to be told what to do.
- To make sure to choose partners who are your equals both in intimate and in business relationships. You won't have satisfying partnerships if you choose to partner with people who are weaker or more submissive than you.
- To comprehend that when you're working with destructive tendencies you lean toward self-absorption, self-interest, cynicism, and selfish focus.

### **1 LIFE PATH: STRENGTHS TO DEVELOP**

- The "confident you" has unique perceptions, style, and magnetism that attracts others. Always trust and follow through on your unique visions. You aren't meant to follow the crowd.
- You're dynamic when you're working with confidence.
- Remember you're a trailblazer. Since you're on the front lines, you'll experience a lot of "failures" and stumbling blocks. So what? Those experiences can fuel you to develop new ideas and follow through on your revolutionary projects.
- You're resilient. You're knocked down over and over again in your life. Know that you're going to get more than your share of this! You're not going to think it's fair. The key is to learn from your failures rather than be devastated by them.

- You're a whiz at accomplishing a multitude of tasks. When you set your mind to accomplishing something and go about it with direction, confidence, and empathy toward others, you're working optimally.
- You're a creative problem-solver. Give yourself lots of pats on the back for a job well done and for bouncing back from adversity. Work on letting yourself hear positive affirmations in your head rather than self-deprecating and self-defeating "tapes."
- Creativity in all forms is at the core of your being. Enjoy and embrace every opportunity to use your creativity and pursue your innovative and original thinking.

## 5 Destiny



...the life-long path of **EXPERIENCE**

*"There is only one success: to be able to spend your life in your own way, and not to give others absurd maddening claims upon it."*

Christopher Morley

5 is the path of CHANGE, FREEDOM, and PHYSICAL reality. Throughout your life, you will learn, by trial and error, about your own physical presence on this Earth and the effect that your presence has on other people. The 5 destiny emphasizes your physical body, sexual energies, and the way in which your body, mind, and emotions are able to adapt to changing environments. You will learn, in various and unusual ways, that physical matter changes constantly and that you can either prosper from these changes or be overwhelmed by them.

Learning about the physical is one of your main purposes for being here. Eventually, you will experience the freedom and relaxation that comes when your body, mind, and emotions have equal acceptance for each other. You see, this balance IS freedom. Do not be afraid to admit that you really do need freedom to think, move, and feel in the way you know is right for you.

The 5 energy enables you to change your outward appearance and your inner attitudes to suit a great variety of environments, contacts, and encounters. This gives you the ability to be all things to all people and to fit in, very naturally, to any situation. A 5 can spend a whole lifetime wondering why his or her personality cannot remain consistent. "Why can't I just be myself no matter where I am or who I'm with?" The truth is that you are brilliantly adaptable. Your ever-changing personality is who you are. It is the result of being yourself, being honest with your feelings, and hoping for the same spontaneity from others. These marvelous characteristics are what make other people feel so relaxed in your presence and should never be curbed by your own or society's misconceptions about free expression. Your adaptability is one of the principal talents life has given you so that you can comfortably experience more variety than most others.

5 is a very active and unpredictable path. It is so filled with sudden and unusual events and opportunities that you could easily become confused by it, or afraid of it. Consequently, you could miss out on the abundance of experience it offers. And that, dear 5, is exactly what your life offers if you decide to take advantage of it - an abundance of experience. But in order to utilize this energy, you may have to reach a deeper understanding of the word experience.

Some 5s are so afraid of accidents and mistakes that, instead of flowing confidently with this unpredictable energy, they cling to the safe and familiar with all their might. Although they can see and feel the excitement that is passing them by at every moment, they are too afraid to let go, take the plunge, and see where life takes them. Once in a while, these 5s do let go - or the 5 current becomes so strong that they are literally swept away into some kind of adventure - only to miss the excitement of it all because fear has made them believe that they were simply out of control. Then they grab on to the first available semblance of stability and settle there, unfulfilled, yet again. The freedom of the 5 Destiny must, therefore, start as a feeling - the desire for freedom - which, of course, can only come from deep inside.

Yes, the pace of the 5 Destiny can seem a little wild at times but, like it or not, you are here to gain experience of it. You must allow dealing with unpredictability to become your second nature - your expertise. You can amaze others with your resourcefulness in a crisis but may also need to use this talent to take care of some basic needs of your own.

Consider the mistakes you have made in your lifetime. On the 5 path, you will find that you constantly repeat the same old mistake over and over, even though it appears to be in a different form each time. Refusing to let go of what is safe and familiar, so that you can discover alternatives, is a large part of what causes a mistake to be repeated. Admitting to your mistakes can be a battle in itself. Accept that mistakes are inevitable in your life, because that is how 5s learn new and wonderful things.

Your stubbornness to admit to mistakes is actually the emotion of fear. It is natural for you to be afraid when you do not know what you are dealing with. But you must learn to accept fear as a natural and sometimes lifesaving emotion. Until you learn to face your fears head-on, your denial of them will keep you from expanding or enjoying your life. Fear arises when you are not focused on the reality that surrounds you. Therefore, the ability to concentrate, is one of the prime lessons to be learned on this path. Otherwise, your attention will be scattered in too many directions, mistakes will be made but not recognized, and nothing substantial will be achieved.

The only way you can progress, discover new realities, and broaden your horizons, is to allow yourself to learn what needs to be learned when a mistake is made. Some 5s do recognize their mistakes. They promise themselves that they will never make that mistake again. But they are afraid to make the changes that not repeating the mistake requires of them. Consequently, they change one approach with another approach which is usually just another form of the same mistake.

Very often, on the 5 path, a totally new direction must be taken, which means having the courage to let go of what has become the norm. There will be a time in your life, or several of them, when you will have to make a giant leap of faith for which you have had no previous experience. By understanding and accepting that this is the way you are meant to proceed, you will find that both your focus and your confidence expand. Your fear of the unknown is then replaced with an exciting sense of adventure and the knowledge of what must be feared and what need not be feared at all. Some 5s love the concept of adventure but, instead of enjoying their own fast-paced and unusual episodes, there may be a tendency to live vicariously through the exciting lives of other people. Again, it is unaddressed fear which is making them avoid their responsibility to live their own lives. This approach can never bring lasting happiness. 5 is the path of freedom. And yet, so many 5s tie themselves down to mundane routines and situations in which freedom does not exist. In order to be happy, 5s need time and space which they can call their own. And they need to move around without restriction. Most 5s love to travel. If they do not actually get to travel the world, they usually satisfy this need by fantasizing about far off exotic places, or by allowing their minds to wander into some very unusual scenarios. When the free and adventurous 5 imagination is put to practical use, however, great accomplishments usually follow.

In order to gain the experience of life you need, you must be totally honest with yourself about the mistakes you always make - those things you do which never work for you and always result in unhappiness, aloneness, and

disappointment. First you must stop repeating this mistake. Catch yourself in the act. Take a very different approach, the approach you should have taken all along but were afraid to. This is how you not only learn from a mistake, but also prosper from it. This is when a mistake is no longer a mistake, but experience!

This is the way in which your life must proceed - if it doesn't work this way, then try it another way - until you become experienced enough to travel the 5 energy with a greater degree of self-confidence. At this point, your life reaches calmer waters because you are no longer struggling against the tide. Then you will be able to see the broader horizons and the abundance of unusual opportunity that are yours for the taking.

Many 5s never realize that life has given them the precious gift of freedom. Many feel alone in this world, or struggle with unsatisfying relationships and wonder why this is their "lot" in life. It is crucial that you realize that you are not alone - you are not tied down - you are free to take care of your responsibilities in a way that will also accommodate your own needs.

The 5 path is an unconventional one which is meant to take you far from your birthplace. So, if you feel "out of place", know that your right place is out there in the big world, dreaming big dreams, achieving big goals, and embracing all that is different, unusual, unique, exotic, and exciting. You are a citizen of the world. As such, you must learn to let go of prejudices and judgments and embrace different cultures without losing your own unique identity.

There is a strong tendency on the 5 path to overindulge in food, alcohol, drugs, sex, extravagance, gambling, the limelight, and other areas where balance needs to be maintained. Babies are often conceived at too young an age, and marriage is often rushed into as a means of stability. It is not unusual for 5s to marry several times or make commitments that, eventually, cannot be upheld. Changes of heart and mind are frequent in the life of a 5. That is not to say that you cannot love or be loved on a very profound level. But it is likely that true and lasting love will be found along with maturity. In many ways, 5s are the late bloomers of the numerological spectrum. But do remember that maturity has nothing to do with age but, rather, experience.

Remember that your physical body is an integral part of you - the vehicle which will transport you through this exciting journey of yours. Your body needs to be well maintained and lovingly nurtured. Often it is fear of freedom that causes these overindulgences; a subconscious rejection of freedom that creates a need to become dependent instead. Too much focus on the needs of others, and a lack of focus on what you desire, causes you to deny your fear of freedom even further. The trick here is knowing what you want, focusing on it, and realizing that you do not - must not - become entangled in superficial matters that are not a part of your desired course. It is important to have a goal and to realize that each step you take toward it is a goal in itself.

Freedom is your destiny and, so, you must refrain from activities that diminish it. You must learn to pick and choose very carefully among the many opportunities that come your way. Seek only those activities and people that will be of benefit to you. Learn not to waste your time or scatter your energies in too many directions. Learn the difference between genuine excitement and recklessness. You will probably have many episodes where you are footloose, fancy free, and without a specific goal, but the frustration of moving from place to place, from person to person, from mediocre opportunity to mediocre opportunity, will eventually outweigh the delight. Freedom does not mean carelessly severing existing ties or rushing headlong into the unknown. More often, it means freeing yourself from your own misconceptions and mistakes so that you can fulfil a dream that is yours.

You are probably known for your versatility and clever resourcefulness, but in order to feel the great satisfaction that 5 offers, you will need to specialize and become an expert at something you love doing. Look to the new and progressive rather than the outdated and conventional. You are a quick thinker, with a real talent for analyzing and investigating, although you do not always use this talent to further your own interests. Your curiosity, restlessness, and impatience can cause difficulties in staying focused. One of the biggest mistakes 5s make is to

give up on an experience before enough time has passed to gain the expertise needed, and then rush on to something new which will probably be dropped in the same way. It is impossible to truly know something if you have not experienced it.

And what about love? Relationship? Marriage? Parenting? Responsibility? Stability? Success? Prosperity? Are these things even possible on such a self-motivated, fast-moving path? Most definitely yes! Freedom is the ability to do whatever you desire. Therefore, all of these things, and anything else you truly desire can be yours. Desire is Love. On the 5 path, you have more chance of finding love that is real because real love thrives in freedom.

If your freedom starts to take away from someone else's - neither person can be free. Certainly, you will have to consider your relationships carefully to allow for your free and open 5 personality. You cannot survive in a relationship of rules, insecurity, dominance, or mistrust. You may have a difficult time in understanding your "role" in a relationship, and this creates a problem in itself. You see, your role is simply to be who you are. When you least expect it, you will meet another or others who will love you simply for who you are and not for what you can do for them. Your free lifestyle will be part of what they love instead of an intimidating factor. These people are not something you go out and look for. They appear, as if by magic, when the time is right.

Your natural desire for freedom has made you an attractive and broad-minded individual who is able to relate to people from all walks of life. Your collection of friends and acquaintances are certainly a diverse bunch of people who are probably scattered all over the world. Friendship is very important to you. There are certain people in your life who you may rarely see on a physical level, but your bond with them is unbreakable because of a mutual love of freedom, and of each other. When you are a friend, you are a friend for life. And you possess a very special gift which your friends are only too aware of: you have the power to say or do something that comes from your big heart and which will totally change another's life - forever. While it is true that nobody can own you, those you have touched with your special open expression will never want to lose you or be able to forget you.

## 1 SOUL URGE

*You have a deep need to become #1 at everything you do in your life.*

When you look deep into your core, you have an underlying and pressing need to be independent, exert your individuality, and take the lead and achieve in whatever you set your mind to. Your task is to develop your true, authentic self and to become in leader in whatever field you find you're the most passionate and skilled.

You want to be the best at everything you do. You expect very high standards of performance from yourself and, in turn, also expect the same from others, which can also set you up for frustration and disappointment.

Your purpose is to take the lead and take initiative—the 1 Soul number is not lack-luster or low-key! You're meant to have courage, act independently on your unique and original ideas, be innovative, and take charge. All this while communicating and acting with clarity and compassion.

You have great intelligence, amazing insights, are highly creative and innovative. Underneath it all, you want to be the trailblazer, the pioneer, the original thinker, the one who pushed the envelope.



A 1 Soul Urge number sets you up for the development of your sense of self (banish that sense of self-doubt), your willpower, and setting out with courage and determination without allowing the naysayers or glitches along the road weigh you down or demolish your vision. You work hard and play hard.

Some of your internal struggles might include a battle with low self-esteem or lack of self-confidence. You need to demonstrate your originality and leadership and also teach it to others. The One Soul Urge number demands that you develop yourself from feeling dependent to independence – into individuation, and (ultimately) achievement and leadership.

Beware of defaulting into defeat and staying there. That's when you resort to self-absorption, cynicism, bullying, and battles with addiction. You're meant to march to the beat of your own weird and innovative drummer!

## THE 4 PERSONALITY

The number 4 is ruled by Saturn. It is also seen as a foundation and as elemental as the four winds and four seasons. Numerology personality number 4s thrive on home and family. Number 4 also signifies work and productivity.

### POSITIVE TRAITS

Numerology personality number 4s are perfect employees. Their attention to detail and order enables them to complete projects perfectly and in a timely manner. They will often complete work under budget. They are trustworthy. Others see number 4s as reliable. They are very consistent and do not like to draw attention to themselves. They tend to wear earth tones and understated clothing. They prefer to be judged based on their work rather than their appearance. They tend to be less social than other numbers.



Personality number 4s hold traditional values. They thrive on order and will create systems where none exist. They need organization in their work and personal lives. They are seen as solid leaders. 4s believe that success can come only through hard work and diligence. Their true goal is to bring order to the lives of everyone around them and to bring plans into fruition. The number 4 is the number of fate, though, so many things can happen in the life of a personality number 4 over which the 4 has no control.

### NEGATIVE TRAITS

Numerology personality number 4s have a strong distrust of the unknown. They are apt to lost out on opportunities due to their lack of willingness to embrace change. They cannot be hurried in their work. They need to work through each day in a methodical process in order to feel fulfilled. They tend to ask too much of themselves and others. They have no understanding of the fact that others do not fit into their rigid ways of thinking and working.

Number 4s are head strong. They do not like to be told what to do. They can become belligerent and argumentative when challenged. They can become hostile when pushed too far. They are not tolerant of beliefs and values that are contrary to their own. They can go so far as to have anxiety attacks if they lose control of a situation. Number 4s will need to learn to manage their stress if they are to become truly successful.

## MISSING/KARMIC NUMBERS

**Missing Numbers** often indicate the missing traits, characteristics - desirable or undesirable - from a person's persona. They also indicate some important lesson a person needs to learn, or maybe some important habits a person needs to cultivate, in order to lead a more balanced life.

They also might give an indication of the person's shortcomings, and thus a message that one needs to be tolerant, understanding and supportive of this fact. And then, maybe, they can lend a helping hand in the quest of a person struggling to develop any of his/ her missing qualities.



*Note: If a missing number is present in one of the four main numbers – Life Path, Destiny, Soul Urge or Personality – the “karmic energy” may be lessened because the vibration is present in the main construct of the numbers.*

### MISSING NUMBER 2

The numerology number 2 energy resonates with relationships, companionship, and diplomacy.

With 2 energy being missing from the name, the person tends to place less emphasis on cooperating with others and being sensitive to their needs and emotions. The person is more likely to walk away from conflicts than to pursue a peaceful resolution.

You must learn the fine art of cooperation, tact and diplomacy. Working in partnership with another requires giving on your part; learn to stay in the background when necessary. When you understand how another person thinks and feels, you can get in touch with your own emotions and feelings. Because you can view the reaction you have upon others. By developing an awareness of opposites, you will enhance your own creative potential.

### MISSING NUMBER 6

The numerology number 6 energy resonates with home, family, and nurturing.

With 6 energy being missing from the name, the person tends to place less emphasis on duty or responsibility. Domestic issues may be taken lightly. There may be less urge to have a home or home base.

You must express more love for others. 6 is the domestic vibration, and the lack of it indicates a need to deepen ties of affection with those in your immediate family and environment. You should develop a personal sense of responsibility for those who depend on you, and a social sense of responsibility for the welfare of those in your community. By becoming aware of the needs of others, you increase your ability to see both sides of an issue and therefore sharpen your talent for making keen judgments. This acute sense of balance heightens your artistic sense and may help you realize hidden creative abilities. The artist in you may then emerge.

## 1 BIRTH DAY

**Your GIFT:** You're here to lead. You're ambitious and have a desire for success and achievement. You're not the best at "playing well with others!" You can be an innovator, entrepreneur, risk-taker and initiator. You have a creative mind, great business instincts and with the right training and initiative, can achieve great things in the material world. You have a broad vision and are able to get creative ideas up and running.

**Off-Track:** Prone to laziness and procrastination, you can resort to angry outbursts and frustration. You prefer to blame others for your ineffectiveness. Instead of working with others, you tend to plow through with blinders on without taking others into consideration. You force issues rather than working with a balanced perspective. You're rebellious for no productive reason. You sit on the sidelines and never risk taking the lead.



## 1 HEALTH NUMBER

**WHO YOU ARE:** You're all about being #1. You're independent and a born leader. Your Mantra: "I march to the beat of my own unique drummer."

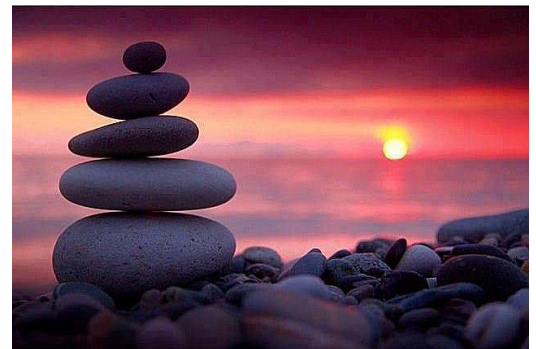
**THE CORE EMOTIONAL ISSUE:** Struggling with self-confidence.

**Stress.** You can become cynical and overbearing. You can be a workaholic.

**WHERE YOU FEEL IT:** Shoulders, knees, insomnia, addictions, blood pressure, heart, liver.

**WHAT YOU CAN DO ABOUT IT:** Be aware of addictive tendencies.

The 1 Life Path is a thinker, so it's hard to turn your brain off. Therefore, alcohol or other addictive substances can feel especially soothing to you. You'd benefit from added cardio exercise. A key: relaxation! Get into a routine with yoga/meditation, massage.



## PINNACLES & CHALLENGES

In Numerology, we believe that we all go through 4 distinct periods of development during our lives and these stages are called Pinnacles. Think of them like a master plan. Each Pinnacle Number represents the lessons to be learned and mastered during a certain period of time. The longest period of time resides at the beginning and at the end of your life, with two 9-year cycles in the middle that often coincide with the energies related to your Personal Year Cycle.



Think of the **Pinnacle Numbers** as the energy surrounding and influencing you during each defined period of your life in addition to your Life Path Number. Oftentimes knowing your Pinnacles and their Challenges offers some great validation and insight about the experiences you have gone through until now - and then offers some insight into what's in store for you in the coming years.

Understand that the **Challenge Number** indicates that you'll be challenge with the negative or destructive elements of the number while simultaneously being challenged to step up to the plate and embrace and act upon the positive and constructive aspects of the number. Challenge Numbers are not meant to be overcome; rather they indicate what you must become.

## 1st Pinnacle & Challenge:      Ages Birth – 30

### **Pinnacle 1**

During this Pinnacle, you are focused on developing independence, self-reliance, and individuality. The primary energy during this phase of your life is to achieve mastery in these areas. This is a time spent developing your ability to express your individuality by cultivating original ideas, by leading and directing others, by attaining success and achievement in the material world, and by gaining recognition for those achievements.

First Pinnacle: Keep in mind that especially during a 1 Pinnacle, all people and circumstances in your life are fully on purpose; these people and experiences are your teachers if you can perceive them in that light. When you have this number for a First Pinnacle, chances are your youth is spent learning how to develop and use original ideas. You're called to lead and to rely on yourself without resorting to the downside of ego, stubbornness, and being self-centered or dominating. It's not necessarily a settling time because it's governed by exponential learning, which includes all the hard knocks that go with it.

Second or Third Pinnacle: If you have a Number 1 for the Second or Third Pinnacle, you're being groomed for—and challenged with—embracing leadership and developing all that being an effective and inspirational leader entails. You're being called upon to focus intently on these aspects: courage, drive, vision, focus, determination, and, most of all, integrity. You might experience a certain degree of aggressiveness in your demeanor at this time. Your ability to get ahead is limited only by your own initiative during a 1 Pinnacle.

Fourth Pinnacle: A Fourth Pinnacle with a Number 1 is marked by what might be called imposing energy; meaning, any thought of slowing down or retiring is most likely not in the cards. Both challenges and changes will accompany this last stage of life and your accomplishments can be profound if you've mastered the art of leadership, direction, and expression of your own original ideas. You'll be challenged with keying into you unique and creative ideas and acting on your individuality and independence.

Warning: When you're being groomed by the Universe for a leadership position, you'll be required to be an intern first. This means that it's unlikely for you to magically be handed golden opportunities for success—and if you are, take them and run with them. Usually you'll have to construct your own opportunities through desire, focus, self-determination, and the ability to take a punch, get up, shake it off, and keep going.

### **6 Challenge**

When you experience a 6 Challenge during one of your Pinnacles, you'll most likely feel burdened or overwhelmed by family obligations. You're learning to serve others and strike a balance between honoring your commitments to them with your commitments to yourself. This is no small task. Remember: Even if you're able to achieve some semblance of balance of giving to yourself during this time devoted to nurturing others and learning about responsibility, you can't and shouldn't try to avoid caring for others under the influence of a

6 Challenge. If you're operating with the destructive tendencies of the 6 Challenge, you may be myopically self-centered rather than generous and giving.

This Challenge is often related to the energy of codependency, enmeshment, and giving for misguided reasons. Rest assured that you'll be alerted when you're taking care of others in an unhealthy way during this 6 Challenge.

You're prone to demanding extraordinarily high standards from other people and of yourself, which is in itself a setup for frustration and unhappiness. There's no way others could live up to your expectations. If leaning toward the challenges of the 6 vibration, you're apt to come across as authoritarian, intolerant, and self-righteous. If you don't step back into the constructive aspects of the 6 energy, your tendency during this time may well be to get lodged in cynicism, criticism, and judgment.

Avoiding friction in relationships by emphasizing harmony, using diplomacy at every turn, and allowing others to set their own paces and live their own perfectly imperfect lives will be the key strategies for rising above the challenges of the 6 vibration. Ultimately, your challenge lies in learning, embracing, and practicing unconditional love and acceptance.

#### Potential Destructive Aspects of the 6 Challenge

- Feelings of superiority and thoughts of judgment
- Being angry and disappointed with others and yourself to the point of cynicism
- Becoming self-absorbed and uninterested in helping or supporting others
- Becoming such a perfectionist that you feel paralyzed and fearful
- Living in denial of your emotional life
- Health issues that are often chest related (including asthma)

## 2nd Pinnacle & Challenge: Ages 30 - 39

### **Pinnacle 4**

A 4 Pinnacle is the period of your life where you're being called to build your life with solid, stable foundations that'll last. This is often a period of time where you're drawn toward purchasing—or actually building—a home and concentrating your efforts on career and family.

This isn't a particularly light-hearted and "fun" time because you're learning and being tested by issues related to organizing, setting up good systems, patience, hard work, endurance, working step by step, and moving ahead methodically. This stage is for designing and pouring the proper foundation for your future. It's a practical time where you're putting your ideas into the material world and manifesting your vision with discipline and a serious attitude. This is a period of time where you'll be tested in the realm of recognizing, moving through, and getting around limitations.

You're being immersed in the energies that support a practical and realistic approach to life. So a demand for order, system building, and organization is key. The 4 Pinnacle encourages you to be dependable, conscientious, and reliable. Determined and somewhat relentless effort is required and you may feel a strong compulsion and emotional need to immerse yourself in work during this Life Stage. When you do, you'll thrive on that energy.

First Pinnacle: Experiencing a 4 First Pinnacle sets you up for a demanding childhood and adolescence. You might find your economic circumstances demand more concerted effort and hard work. This can also be a stage of life devoted to the pursuit of your education. In either event, it's unlikely you'll be involved in the normal frivolity of life because of the intensity of your schedule.

Second or Third Pinnacle: A Second or Third Pinnacle with a 4 emphasis will fuel your ability to get ahead in the world and achieve—not so much because of innate talent as much as your drive and ability to out-work the competition. You might find some economic limitations during this Life Stage, set in your path to test your commitment to building solid and steady foundations while not being beaten down by obstacles and limitations.

Stage Four: A Fourth Life Stage imbued with the 4 energy will most likely not allow you to slow down or retire in the way you might desire or expect. 4 isn't a leisurely vibration, so it doesn't even recognize the notion of "retire" or "slow down." The important factor here is to do the work and feel good about the sense of accomplishment. There is a possibility that economic conditions will control your ability to slow down or retire.

The 4 Pinnacle teaches you that your effort is what counts. The upside: If you take this energy seriously and build a strong foundation, you'll reap the benefits for the rest of your life.

Warning: The 4 energy offers with it a bevy of teachers. As you're challenged to build something of lasting value, you're setting up your future relationship with money, your ability to meet deadlines, your ability to institute effective systems, and your way of dealing with limitations.

## 8 Challenge

When the 8 is your Challenge Number, you're being called upon to think big, step up to the plate, and get it done. Achievement is expected during this period and so, of course, this will also be your obstacle. People who experience an 8 Challenge either make it or break it—much in the same way that this happens with the 8 Life Path. It's a difficult Challenge, yet if you realize that you're supposed to be making money, supposed to be successful, perhaps you can shift out of the negative experiences and thoughts surrounding money and abundance and understand that this Pinnacle could be the time of your life in which you experience your greatest financial success. When you're in your groove, you're in the peak of both your financial and your spiritual abundance, because you'll be giving most generously.

Your destructive pull will be toward greed, and you'll believe that satisfaction can only be gained by accumulation and safeguarding. You might experience great difficulty and effort in your attempts to gain money status and power, often to the exclusion of all else. Family life and relationships suffer during this challenge since all your focus is on yourself and on your financial achievement (or lack thereof). You're being called to use your ability to earn money and acquire status and power with a sense of balance and with a strict sense of ethics and philanthropy.

Warning: The caution here is to engage in all you do with your authentic self, with ethics and honesty and without greed and malice. If you lean toward the more destructive aspects of the 8 energy, there will be a price to pay. The 8 Challenge also signals that you need to stop giving away your power. This is a period of development where you're being groomed to fully embrace your sense of personal empowerment and learn to empower others.

### Potential Destructive Aspects of the 8 Challenge

- Suppressing your power by choosing poverty, homelessness, or other ways to avoid achievement in your life

- By not focusing on your own relationship with money and instead focusing on everyone else's through jealousy, bad mouthing, and indulging in feelings of disgust
- Focusing only on material gain at the expense of everything else
- Being arrogant, unyielding, and uncompassionate
- Becoming lazy and feeling bored with life
- Health-related issues like addiction and mental illness

### 3rd Pinnacle & Challenge:     Ages 39 – 48

#### **Pinnacle 2**

When this is your Pinnacle, you're being beckoned to envelop yourself in the elements of learning to cooperate, share, be considerate of others, and be at your best when you are in harmonious relationships without sacrificing yourself in the process.

2 is the number of partnerships, patience, balance, and keeping fairness at the helm. Therefore a Pinnacle is a time where love and group effort takes front seat, whether it's through marriage or partnership, parenting, or other experiences that have the elements of unconditional love at the core.

This is a time where you will be called upon to work on—and perfect—your subtle art of relating. The 2 energy also has to do with gathering and relating facts or data, perfecting details, and being a team player whose strength lies in being of service in a joyous and balanced way. Where precision and details are valued, you'll be happiest with your contributions.

A 2 Pinnacle immerses you in friendliness and harmony. This energy asks you to pay attention to details and practice patience and tact. It won't offer much recognition for all you do during this time, so you must turn to yourself for acknowledgment in order not to feel resentful.

First Pinnacle: If you experience a 2 First Pinnacle, count on being an overly-sensitive child who's easily hurt and who takes on the emotions of those around you. Yet, since you're so young, you won't realize you're feeling both your own emotions plus those of everyone else. You may have difficulties with both verbal and emotional expression since you are overloaded with feelings that you're not yet mature enough to recognize and filter out. Your mother is likely to be the strongest influence on you during this time.

Second or Third Pinnacle: A Second or Third Pinnacle with a 2 influence will surround your life in the energies associated with working in balance with other people. This is a time that isn't so much "me" focused as "us" focused. When you master your ability to promote harmony in all things, show patience and a willingness to forgo credit based on your contributions to the whole, you'll be operating optimally. The work you engage in during this time is likely to be quite detailed and demanding. If you've been a content stay-at-home mom, for instance, it wouldn't be surprising to see this number in your Second or Third Pinnacle.

Fourth Pinnacle: If you have 2 energy in your Fourth Pinnacle, it's an opportunity to cultivate harmony. You can retire or continue to work, yet the key to feeling satisfaction and fulfillment will be patience, tact, and cooperation. Again, you'll need to control a tendency toward sensitivity. It doesn't serve you well to be at the mercy of overwrought emotions.

Warning: The 2 energy is super-duper sensitive. If you don't work with this energy mindfully your tendency will be to get your feelings hurt often and deeply. If you take every little thing personally, instead of cultivating your ability to relate well with yourself and others, you'll experience a substantial amount of pain during this time—not to mention a battering of your self-esteem in the process.

## 7 Challenge

The 7 competes with the 4 energy in terms of the seriousness associated with its vibration. While the 7 demands inner exploration, the chances of feeling alone and isolated are common. Contemplating the intricacies of life and spirituality isn't mastered in a weekend seminar. Nor is it mastered in a lifetime. Yet that's the task you're being called to focus upon. Often there is a big "test" or some serious repression or avoidance during a Pinnacle that has a 7 Challenge.

Remember: The key lesson for a 7 Challenge is to understand that all your experiences—especially those that occur during this particular Life Stage—are fuel for your growth. Develop trust in yourself. All that you experience during this period of life is meant to hone your powers of analysis and observation, intuition, and spirituality. You'll be asked to trust your analytic mind and your highly developed intuition.

During a period with a 7 Challenge you'll be faced with difficulties brought on by your discomfort with your own inner thoughts and feelings. This could feel like detachment from people and situations or like tumultuous unexpressed and unresolved emotions. You might feel exasperated and helpless, as though you're a hapless victim of life who is unable to change or improve his or her situation or circumstances. There's also a strong tendency to chronically complain and criticize while offering no solutions to your perceived problems.

More challenging aspects of the 7 vibration might lead you to express everything you say or write in a negative manner. You may feel the impulse to avoid your feelings by putting up a wall of pride and aloofness. This is your opportunity to develop faith in your own abilities rather than to rely on the opinions of others or dwell on your limitations. The trick is to get out of your head and into your self. This is a time devoted to truly, madly, and deeply uncovering the real and authentic you.

### Potential Destructive Aspects of the 7 Challenge

- Withdrawing through drugs, alcohol, sex, or spending your life online
- Either isolating yourself totally from the world or being unable to spend any time alone
- Avoiding work by being scattered, unfocused, and overly emotional
- Avoiding your own life by immersing yourself in someone else's (for example, the life of a family member, business partner, or friend)
- Becoming overly focused on money and material objects
- Health-related issues like addiction and depression.

## 4th Pinnacle & Challenge: Ages 48 - Death

### Pinnacle 9

If you have a 9 Pinnacle, you're expected to show the world what a true humanitarian looks and acts like on a day-to-day basis. You're developing the attributes of compassion, love, ethics, and tolerance—combined with a big dose of inspiring and uplifting others through your wisdom and love. If this sounds like a big order to fill, it is. You're

learning the fine art of both giving and receiving. The 9 Pinnacle is marked by emotional crises because you're being asked to end and let go of all matters in your life that no longer serve you and your higher purpose. No matter how scared you are—and it will bring up a reservoir of fear—this is a time for gaining wise maturity and healing your emotional issues.

Because of the intensity of this vibration and the over-arching perseverance and wisdom it requires, this isn't considered an easy Pinnacle. It's a segment of life that demands the ultimate releasing of all that has held you back, of all of the painful stories you have continued to tell yourself about your past—particularly those that relate to your family relationships. The ultimate healing can take place during this Pinnacle if you invite it in.

Remember: While this may be a Pinnacle that appears to be thankless and filled with obstacles, it all depends on perspective. There's plenty of potential for anything you want during this time when you're fully committed to playing your role in letting go. When you surrender, all good things come to you. This is a time where you can literally create your own reality. Money, good fortune, loving relationships, vibrant health, purposeful living: These are all possible during a 9 Pinnacle.

First Pinnacle: With a 9 Pinnacle at the beginning of your life, the influence of its vibration may be barely noticeable. Selflessness is an attribute that's developed over time and young children must first learn their identity for themselves before doing selfless service in a healthy and productive manner. Yet when you experience a 9 First Pinnacle, you may be a child who is the friend to the “underdog,” who's a protector of the kids who get bullied, those who are handicapped, or those who are ostracized in some way by other kids. You may be a bit of an outsider yourself as you attend to those on the fringes.

Second or Third Pinnacle: A Second or Third Pinnacle directed by the 9 vibration might set the stage for expression of emotional and dramatic humanitarian views, such as working whole-heartedly and intensely for a cause like global warming, animal rights, or any other cause where you immerse yourself in an organization devoted to over-arching change. You may express such views through political action or social service, or in a variety of other venues. The thrust of your desires and actions rests in humanitarian action, whether it's through charitable contributions, volunteerism, or direct employment within these realms of service. You might work for the Peace Corps or be an actor who is an activist for humanitarian causes. Either way, your purpose is to effect positive change in the world, and promote tolerance and compassion.

Fourth Pinnacle: If your Fourth Pinnacle is guided by the 9 vibration, your work will tend to be more charitable in nature with plenty of opportunity to give much more of yourself. If you have done well financially in your life, you might be drawn to using your assets to finance programs and support causes you believe in. This is a time where you've mellowed and have developed a more caring and heart-felt attitude about yourself and about others than in earlier periods of your life.

Warning: If your 9 Pinnacle is in your early years, this will be a rough period, full of losses and heavy challenges that bring early maturity. In the middle years, the 9 Pinnacle is a time for integrating yourself with the higher principles of wisdom, selfless service, and giving back to the world. If you have saved your 9 Pinnacle to the end, you are required to rise above the fray and become a humanitarian in whatever capacity you choose.

## **1 Challenge**

If the number 1 as a Challenge Number, you're being called upon to stand up for yourself, be true to yourself, and be self-reliant. You're truly being called upon to step up to the plate and become a leader. This won't

necessarily be a gift that simply falls into your lap; you will need to cultivate leadership qualities, trust in your vision, and hone your people skills so you can be most effective in getting the job done.

During this time, you're likely to feel dominated by others in one way or another—either professionally or in your relationships. This feeling of being dominated might lead you to be competitive and you might experience an overwhelming sense of needing to achieve above all else. Your challenge lies in your ability to recognize when you're being pulled into this negative vortex and instead focus your energies on controlling the ego and keep self-righteousness in check.

You're learning about self-reliance and how to solve your own problems—and perhaps the problems of others—independently. You need to cultivate your wit and intelligence and cast tendencies toward argumentation and resentment aside. Also cultivate your confidence. This is a period where you'll come under fire by critics and detractors. Don't allow the naysayers to stand in your way or deflate your vision.

Potential Destructive Aspects of the 1 Challenge:

- Major or minor bouts with feelings of insecurity
- Becoming an aggressive “know-it-all”
- Getting caught up in “being right” at all costs
- Allowing addictions to overtake you
- Becoming extremely emotionally needy
- Feelings of ill health due to frustration

## PERSONAL YEARS

The Personal Year Cycles are yearly cycles we all experience from the time we're born until we pass away. These years run parallel to the calendar years, from January 1 - December 31, with an intensification around your birthday. Having knowledge of the number of the Personal Year that you're in will help you establish a framework for your activities that responds to the basic energy of that number.

Also understand that these are brushstrokes of the basic energies related to the year. How you experience it and how it shows up for you will be very individual to you, your life, and what you're working on now.

As with all numbers in Numerology, the Personal Years run in nine-year cycles. The list below shows what Personal Year you are currently experiencing, along with the following eight years. This will allow you to understand the energies that will be coming from year to year so that you understand better how to work with them to realize the fullest potential of each year.

You may also look back to see what years you experienced in the past by doing the math. For example, if you are in a 9 Personal Year in 2022 and want to know what you experienced in 2015, subtract 7 (the difference between 2022 & 2015) from your current year of 9. That means 2015 would have been a 2 Personal Year for you.

2023

## The 1 Year Cycle



A journey of change,  
new beginnings, independence  
and becoming who you really are!

*Not everything that is faced can be changed,  
but nothing can be changed until it is faced.*  
James Baldwin



No matter how familiar things may seem, you are on an entirely different road now. The 1 year is the first year of a brand new nine-year cycle of your life. It urges you to create a more satisfying existence by recognizing the *new* potential that is developing. It is a time of change and new beginnings. Last year brought an entire nine-year era of your life to an end and was probably emotional and confusing. However, those experiences were necessary so that this year's new beginnings can occur. The past is over, but you will need to release the feelings and beliefs that are still anchoring you to it. Then, instead of being shocked or confused by this year's changes, you will more easily understand their purpose.

This is a year of new interests, experiences, goals, and understandings: about life, about you, where you have been, where you are now, and where you would like to be. And, because so much drastic change is required, you will also be learning the meaning of *courage*. You will gain self-awareness this year. You will learn about individuality, and the vital changes that must take place *within* you if you are to attain what you need. You will be learning about independence, leadership, and originality, and you will need great faith in yourself in order to take appropriate action. You will encounter situations involving your deepest feelings, your unique mind and talent, and your need for greater freedom.

You will be learning to adapt to the changes taking place inside you and around you, while your ability to lead yourself and others gets tested. Your progress will be helped along by new opportunities and understandings. Just remember that 1 is also the number of individuality, and that no one can define freedom for another without limiting freedom.

Accept the need for real and significant *change*. Develop a realistic sense of your own self-worth. Listen to and follow your feelings. What you do this year will set the course for the next nine years. This should provide all the incentive you need to make your decisions carefully and realistically. And by accepting the reality of your past, you will become more aware of who you really are. If you think you already know your true identity, be prepared for some astonishing new truths to emerge.

You may start to doubt beliefs and attitudes you held dear, as you realize they are no longer appropriate to current circumstances. You may start to feel out of place around people with whom you have always felt comfortable, and may question their continuing role in your life. Doubts may arise as to how you can be free when responsibilities

or circumstances seem to stand in your way. Feel every feeling that arises around such issues. At some point, you will instinctively know that it's time to move in a completely *different* direction, even if it means doing so alone.

Never forget that this year you are learning to be independent. Attaining independence often brings feelings of isolation and loneliness. Those you thought you could count on may become unavailable to you. Attaining independence *always* produces guilt which must be seen for the destructive force it is, otherwise you will become stuck in a painful rut of resentment, confusion, and blame.

Welcome new activities. Change monotonous routines. Without change - *drastic change* - you may find yourself being buffeted around with no Will of your own for a long time to come. The 1 year cycle gives you the opportunity to fix your bearings and choose the direction you want to take. It enables your Will to emerge as the only alternative to guilt and fear. Problems will arise for as long as you *resist* change. Stay flexible. Your firmest goals may be diverted into unexpected new directions.

The only thing you can reliably expect this year *is* change. One change will lead to another, and then another, transporting you physically, emotionally, and/or spiritually far from where you thought you would be. Consider what is best for *you*, and then go ahead in that direction. Start afresh. Decide which direction you want your *long-term* future to take and, even if it means starting small, take decisive steps toward these goals.

Your various relationships are vitally important. So much love and happiness can be experienced there. However, you cannot *depend* on anyone else for your happiness or success. Rely only on *you*. Try to surround yourself with realistic, freethinking people who do not judge and criticize your every move. Have the same consideration for them.

Although the emphasis is on *you* this year, guilt will tell you that you are wrong to focus so keenly on yourself and that ego is the problem. It is not. The solution is to *stop judging yourself*. This will enable you to balance your ego between overblown or deflated.

You may have to break free from people who habitually disapprove of you or your plans, or those who want to control you. Know what you want and believe in yourself. If your abilities are lacking in some way, take the time to *learn* what is necessary to fulfill your intentions.

As you strive toward freedom, you will notice that others become less dependent or critical. The more self-accepting you are, the happier everyone will be. Confidence is not an 'act' that hides your fear or ignorance. It is a natural feeling that comes from your acceptance of reality. Once you accept the reality of your desires and potentials, and what you have to do to fulfill them, you will know that although you don't know all the answers yet, they will come to you because you have a genuine intent to learn, and an openness which can utilize new information. Confidence is the ability to accept change as it occurs, and it *will* occur this year.

Always be aware of what is going on locally and globally, and plan accordingly. Begin something substantial. Failure to start a new project, activity, job, hobby, or even a new attitude, will result in a directionless frame of mind which will keep you tied to undesirable people, places, and circumstances. At least, start a new phase of an existing situation. If you do not make changes where they are needed, they will be made for you.

Without change, we struggle to hold on to fruitless situations. As 1 is the number of independence, you will be aware of your various dependencies this year. Imagine the freedom you would enjoy without them. These may include a dependence on others, a need to keep others dependent on you; a need for approval; on substances such as food, tobacco, alcohol, drugs; or distractions such as 'entertainment', computers, or extravagance. You

may be disguising your addictions so that they are unrecognizable, even to yourself. The key is to trace the emotional *cause* of why you need certain things so badly.

It could take years for you to achieve certain results, but projects or ideas started three years ago can materialize as accomplishments *this year*, leaving you pleasantly astonished as loose ends from the previous nine-year cycle are finally tied up. Understand the need for time to pass between one experience and the next, and you will enjoy many pleasant surprises this year. Aim high, believe in your goals, and never give up the pioneering spirit that is essential in the 1 Year Cycle. Remember that learning from mistakes is how *experience* is gained.

Work through your fears instead of denying them and you will be able to explore humanity's journey with an open mind and promote your own desires and interests along the way. Much of what occurs this year will be reflected back to you through events taking place elsewhere. Once you make that connection, you will be able to see exactly where you and your talents fit in. This year, you will learn that life is not meant to be a struggle but a continuous free-flowing journey of energy that moves, shifts, vibrates, spirals, and evolves through cycles of learning.

**2024 – 2031**

**The One Year Cycle is included here in this sample chart. All nine Personal Years will be included when you purchase the Extended Chart with All Personal Years. This will allow you to navigate all upcoming years, as the Personal Years run in a nine-year cycle.**

Contributions sourced from:

❖ Felicia Bender

<https://feliciabender.com/>

❖ Affinity Numerology

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❖ Numerology Basics

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❖ Numerology and the Divine Triangle

<https://www.barnesandnoble.com/w/numerology-and-the-divine-triangle-faith-javane/1104798089>

